

# Experience a Three-Day Retreat with a Living Treasure



**Kyozan Joshu Sasaki Roshi**

**November 28, 29, 30, 2008  
Haku-un-ji Zen Center**

## About the Retreat:

The schedule includes zazen (meditation,) kinhin (walking meditation,) chanting, teisho,\* sanzen (individual instruction with Kyozan Joshu Roshi) and formal temple meals. Teisho and sanzen are offered, Roshi's health permitting.

## Schedule:

Thursday, November 27, 7:00 - 8:30 PM, Orientation

Friday, November 28, 3:30 AM - 8:45 PM

Saturday, November 29, 3:30 AM - 8:45 PM

Sunday, November 30, 3:30 AM - 5:00 PM

## Registration:

Please register for this three-day zazenkai with Kyozan Joshu Roshi as soon as possible. Participants are considered registered when a non-refundable 50% deposit is received by Haku-un-ji Zen Center.

Members in good standing who wish to secure a spot must make a deposit by November 7, 2008. If you need more time, please contact Sokai.

After November 7, registration will be on a first come, first served basis, regardless if individuals are members or not.

Part-time participation is available. Two full-time days is the minimum part-time available. Students seeing Roshi for the first time must attend the entire three-days.

## Donation:

Haku-un-ji Members: \$165

Non-members: \$180

Part-time: \$60 per day

## \*Teisho:

Roshi will be giving teisho at 8:30 AM on November 28, 29, and 30. A teisho is a lecture on the sutras whereby a Zen Master offers his insight into the nature of reality. Everyone is welcome. Please be at the Center by 8:10 AM. A \$10 cash donation for each teisho is requested for those who are attending teisho only. This dana goes directly to the Roshi. To register for teisho, please contact Sokai.

## Zafus and Zabutons:

Zafus and zabutons will be provided. If you bring your own, please label them.

## What to Wear:

Wear comfortable clothing and sandals or slip-on shoes.

## Overnight Accommodations:

Accommodations are available for those who want them. Out of town students will be met at the airport. Please call to make arrangements for pick-up.

## Parking:

Please park in front of the Zen Center, on the west side of Oak Street or at Hudson Park just west of the Zen Center. **Please do not park in front of the neighbors homes.**

**For more information or to contact Sokai**

**please call or email:**

**(480) 894-6353**

**sokai@zenarizona.com**

